 

**Project Title: “The effectiveness of learning through Sports and Outdoor Activities for SEN students”**

**Action: Strategic Partnerships**

**Field: Strategic Partnerships for school education**

**Beneficiary: Students N. 18**

**MONTHLY ACTIVITY REPORT**

 ***1.Identification data March - April***

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| Reporting Month | MARCH - APRIL |
| Name of school | I.C.S.IGNAZIO BUTTITTA - BAGHERIA |
| Coordinator | MAGGIORE ANTONINO |

***Activity 3***

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| Name of activity | "IN THE POOL TO FEEL GOOD ABOUT ONESELF AND THE OTHERS  |
| Learning Goals | • OVERCOMING FEAR AND ANXIETIES• ABILITY TO DEAL WITH DIFFICULTIES AND ACCEPT ONE’S OWN LIMITS• ENCOURAGE SOCIALIZATION• GAIN SELF-CONFIDENCE• EDUCATE TO RESPECT THE RULES• ESTABLISH CORRECT INTERPERSONAL VALUES• PERSONAL AUTONOMY |
| Methods and Strategies |  TUTORING  PEER EDUCATION  COOPERATIVE LEARNING |
| Learning materials and resources |  **For students** * BATH TOWEL
* SLIPPERS
* HEADSET
* POOL SHORTS
* SHOWER BATH
* SPONGE
 |  **For activity*** PULL BUOY
* SWIMMING RING POOL
* FLOATING FOAM STICKS SWIMMING
* POOL NOODLES

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|  Description of the activity | THE PROJECT FORESEES 10 CLASSES FOR ABOUT 18 STUDENTS , UNDER THE SUPERVISION OF THE SUPPORT TEACHERS, DURING:- BUS TRANSPORTATION;- PRE AND POST ACTIVITies - WATER ACTIVITIES;- BREAK- LOOK AFTER THEIR KIT.THE PROJECT IS CARRIED OUT AT THE SWIM POWER SWIMMING POOL LOCATED IN BAGHERIA WHERE A SKILLED SWIMMER OF THE "ITALIAN SWIMMING FEDERATION" TEACH STUDENTS THE BASIC SWIMMING TECHNIQUES TO FEEL SAFE IN THE WATER.  THEN THEY USE PRACTICAL EXERCISES SUCH AS BLOWING BUBBLES, BOBBING UP AND DOWN, MUSHROOM FLOAT, BODY POSITION, LEGS ARMS, BREATHING AND TIMING TO REDUCE THEIR ANXIETY AND MAKE THEM MORE COMFORTABLE AROUND LARGE BODIES OF WATER |
| Participants Students N. 18Teachers  |  MR. DE LISI CAMILO MRS.MAIONE ALESSIA -  MRS. LO CASCIO GRAZIA - MRS. ALBANESE NADIA  MR. MINEO SILVIO – MR. PIAZZA LUCA – MR.  STORNIOLO FRANCESCO  |